

PAULA NADELSTERN

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#604 Workshop: SIMPLE SYMMETRY

Advanced-Beginner and Intermediate

The distinctive charm of Simple Symmetry is based on a simple fact: one single fabric is responsible for all of the elaborate patterns in one quilt. Learn how to use one single template and one symmetrical, intricately patterned fabric to achieve a complex quilt filled with dramatic impact. This class explores and exploits the virtues of bilaterally symmetrical fabric. You'll feel like you're making magic with fabric when motifs connect to their mirror images, creating effects more wonderful than you imagined.

SUPPLIES (* will be available for purchase at seminar)

- *1. Sheets of see-thru plastic template material with or without grid
- *2. Extra fine-point permanent marker. Ex: PILOT® Extra Fine Point Permanent Marker, SCA-UF
- *3. Method for marking dark fabric. My favorite: Sanford SILVER Uni-ball Gel Impact Bold 1.0mm
4. Fabric scissor
5. Template/paper scissors
6. Set-up for rotary cutting, including a rotary cutter, ruler and mat. If you have a 28mm rotary cutter and a cutting mat on a lazy susan, bring them.
7. Ziplock baggies to hold templates and patches.
8. Sewing machine with well-defined quarter-inch seam allowance guide
9. General sewing supplies

FABRIC : Some bilaterally symmetrical fabric will be for sale in class

Please note, sashing, binding and accent-border fabrics are not needed during a one day class since it is best to audition options as the quilt develops a personality. **Therefore, you only need to bring 2 yards of the featured fabric** (with an 8"-12" repeat, more with a larger repeat).

The featured fabric must be a multi-colored, bilaterally symmetrical cotton fabric with multiple repeats. The more colorful, the better (meaning, the more different colors used in the print, i.e., a fabric printed with 12 colors gets better results than one with 5 colors), A bilaterally symmetrical motif can be divided into identical halves by a line passing through the center. When the pattern on one side of the line is flipped over along this line and superimposed on the other side, the match is identical. View examples of Madame Butterfly (OPULENCE) or Cathedral Windows, Tiffany or Marble patterns (LUMINOSITY) at www.paulanadelstern.com. Yardage requirements depend on chosen lay-out by each student.

YARDAGE REQUIREMENTS FOR SMALL QUILT, 32" x 54"

FABRIC A: Featured Fabric:	2 yards
FABRIC A: Backing (includes 9" for a 4" sleeve):	2 yards (same as Featured Fabric)
FABRIC B: Sashing fabric and binding:	1 1/2 yard
FABRIC C: Accent border:	1/2 yard

BRING DARK COLORED THREAD